

Spalding University  
Catalog Years 2019-2020

**Bachelor of Science in Health Science  
Entry Level Athletic Training**

120 Semester hours

**UNIVERSITY STUDIES PROGRAM**  
(55 hours)

**Introduction to College (1 hour)**

\_\_\_ \_\_ SU 100 Successful Student Strategies 1

**Communication (12 hours)**

\_\_\_ \_\_ ENG 109\* College Writing Workshop I 3

\_\_\_ \_\_ ENG 110 College Writing Workshop II 3

\_\_\_ \_\_ COM 201\* Effective Speaking 3

\_\_\_ \_\_ \_\_\_\_\_ 3

(Communication or Foreign Language)

**Humanities (12 hours)**

\_\_\_ \_\_ ENG \_\_\_\_\_ 3

(Literature)

\_\_\_ \_\_ PHIL 154\* Ethics 3

\_\_\_ \_\_ \_\_\_\_\_ 3

(Fine Art/Theater Arts)

Select from Creative Writing, Fine Arts, Linguistics, Literature, Philosophy

**Natural Science and Mathematics (12 hours)**

\_\_\_ \_\_ BIO 251\* Anatomy & Physiology I 3

\_\_\_ \_\_ BIO 252\* Anatomy & Physiology II 3

\_\_\_ \_\_ CHEM 106\* Chemistry for Allied Health 3

\_\_\_ \_\_ MATH 113\* College Algebra 3

**Religious Studies (6 hours)**

\_\_\_ \_\_ RS \_\_\_\_\_ 3

\_\_\_ \_\_ RS \_\_\_\_\_ 3

**Social Sciences and Psychology (12 hours)**

\_\_\_ \_\_ HIST \_\_\_\_\_ 3

\_\_\_ \_\_ SOC 101 Intro to Sociology or 3

\_\_\_ \_\_ ANTH 211 Cultural Anthropology 3

\_\_\_ \_\_ PSY 103\* Psychological Systems 3

\_\_\_ \_\_ PSY 202 Lifespan Development 3

\*Required pre-requisite prior to beginning the athletic trainer professional phase

Student Name \_\_\_\_\_

ID Number \_\_\_\_\_

Entry Date \_\_\_\_\_

Phone Number \_\_\_\_\_

Email Address \_\_\_\_\_

Mailing Address \_\_\_\_\_

**Required Support Courses (11 hours)**

\_\_\_ \_\_ BIO 253\* Anatomy & Physiology I Lab 1

\_\_\_ \_\_ BIO 254\* Anatomy & Physiology II Lab 1

\_\_\_ \_\_ MATH 231\* Statistical Techniques 3

\_\_\_ \_\_ PHYS 204\* Physics for the Rehab Sci. 3

\_\_\_ \_\_ BIO 104\* Human Biology 3

**Health Science Required Courses (18 hours)**

\_\_\_ \_\_ HS 300 Survey of Health Professions 3

\_\_\_ \_\_ HS 301\* Medical Terminology 3

\_\_\_ \_\_ HS 320 Physical Health & Wellness 3

\_\_\_ \_\_ HS 325 Psychosocial Health & Wellness 3

\_\_\_ \_\_ HS 350 Research Methods in Health

Sciences 3

\_\_\_ \_\_ HS 410 Leadership in Health Sciences 3

**Recommended Support Course (1 hour)**

\_\_\_ \_\_ SW 651 (Motivational Interviewing) or SW  
656 (Crisis Intervention) or SW 657 (Consultation/  
Record Keeping)

**HEALTH SCIENCE/ATHLETIC TRAINING**  
**(35 hours) must be 300 level courses or higher**

\_\_\_ \_\_ MSAT 500 Foundations of Athletic  
Training 4

\_\_\_ \_\_ MSAT 510 Athletic Injury  
Epidemiology and  
Emergency Care 3

\_\_\_ \_\_ MSAT 512 Advanced Regional  
Anatomy 3

\_\_\_ \_\_ MSAT 515 Sports Nutrition 2

\_\_\_ \_\_ MSAT 520 Upper Extremity & Spinal  
Injury Pathomechanics,  
Assmt & Rehab w/lab 4

\_\_\_ \_\_ MSAT 530 Therapeutic Modalities &  
Evidence-Based Applctns 3

\_\_\_ \_\_ MSAT 540 Lower Extremity & Spinal  
Injury Pathomechanics,  
Assessmt & Rehab w/lab 4

\_\_\_ \_\_ MSAT 630 Adv. Functional Rehab and  
Return-to-Activity Decision-Making 3

\_\_\_ \_\_ MSAT 550 Clinical Education I 2

\_\_\_ \_\_ HS 519 Neurosciences for the  
Health Sciences 4

\_\_\_ \_\_ MSAT 580 Ethical & Legal Issues in  
Healthcare & Sports Sem 3