

Spalding University
Catalog Years 2020-2021

**Bachelor of Science in Health Science
Entry Level Athletic Training**

120 Semester hours

UNIVERSITY STUDIES PROGRAM
(55 hours)

Introduction to College (1 hour)

___ __ SU 100 Successful Student Strategies 1

Communication (12 hours)

___ __ ENG 109* College Writing Workshop I 3

___ __ ENG 110 College Writing Workshop II 3

___ __ COM 201* Effective Speaking 3

___ __ _____ (Communication or Foreign Language) 3

Humanities (12 hours)

___ __ ENG _____ (Literature) 3

___ __ PHIL 154* Ethics 3

___ __ _____ (Fine Art/Theater Arts) 3

Select from Creative Writing, Fine Arts, Linguistics, Literature, Philosophy

Natural Science and Mathematics (12 hours)

___ __ BIO 251* Anatomy & Physiology I 3

___ __ BIO 252* Anatomy & Physiology II 3

___ __ CHEM 106* Chemistry for Allied Health 3

___ __ MATH 113* College Algebra 3

Religious Studies (6 hours)

___ __ RS _____ 3

___ __ RS _____ 3

Social Sciences and Psychology (12 hours)

___ __ HIST _____ 3

___ __ SOC 101 Intro to Sociology or 3

___ __ ANTH 211 Cultural Anthropology 3

___ __ PSY 103* Psychological Systems 3

___ __ PSY 202 Lifespan Development 3

*Required pre-requisite prior to beginning the athletic trainer professional phase

Student Name _____

ID Number _____

Entry Date _____

Phone Number _____

Email Address _____

Mailing Address _____

Required Support Courses (11 hours)

___ __ BIO 253* Anatomy & Physiology I Lab 1

___ __ BIO 254* Anatomy & Physiology II Lab 1

___ __ MATH 231* Statistical Techniques 3

___ __ PHYS 204* Physics for the Rehab Sci. 3

___ __ BIO 104* Human Biology 3

Health Science Required Courses (18 hours)

___ __ HS 300 Survey of Health Professions 3

___ __ HS 301* Medical Terminology 3

___ __ HS 320 Physical Health & Wellness 3

___ __ HS 325 Psychosocial Health & Wellness 3

___ __ HS 350 Research Methods in Health Sciences 3

___ __ HS 410 Leadership in Health Sciences 3

Recommended Support Course (1 hour)

___ __ SW 651 (Motivational Interviewing) or SW 656 (Crisis Intervention) or SW 657 (Consultation/Record Keeping)

HEALTH SCIENCE/ATHLETIC TRAINING (35 hours) must be 300 level courses or higher

___ __ MSAT 500 Foundations of Athletic Training 4

___ __ MSAT 510 Athletic Injury Epidemiology and Emergency Care 3

___ __ MSAT 512 Advanced Regional Anatomy 3

___ __ MSAT 515 Sports Nutrition 2

___ __ MSAT 520 Upper Extremity & Spinal Injury Pathomechanics, Assmt & Rehab w/lab 4

___ __ MSAT 530 Therapeutic Modalities & Evidence-Based Applctns 3

___ __ MSAT 540 Lower Extremity & Spinal Injury Pathomechanics, Assessmt & Rehab w/lab 4

___ __ MSAT 630 Adv. Functional Rehab and Return-to-Activity Decision-Making 3

___ __ MSAT 550 Clinical Education I 2

___ __ HS 519 Neurosciences for the Health Sciences 4

___ __ MSAT 580 Ethical & Legal Issues in Healthcare & Sports Sem 3