

**Spalding University
Catalog Years 2022-2023**

**Bachelor of Science in Health Science
Entry Level Athletic Training
120 Semester hours**

**UNIVERSITY STUDIES PROGRAM
(55 hours)**

Introduction to College (1 hour)

_____ __ SU 100 Successful Student Strategies 1

Communication (12 hours)

_____ __ ENG 109* College Writing Workshop I 3

_____ __ ENG 110 College Writing Workshop II 3

_____ __ COM 201* Effective Speaking 3

_____ __ _____
(Communication or Foreign Language) 3

Humanities (12 hours)

_____ __ ENG _____
(Literature) 3

_____ __ PHIL 154* Ethics 3

_____ __ _____
(Fine Art/Theater Arts) 3

Select from Creative Writing, Fine Arts, Linguistics, Literature, Philosophy

Natural Science and Mathematics (12 hours)

_____ __ BIO 251* Anatomy & Physiology I 3

_____ __ BIO 252* Anatomy & Physiology II 3

_____ __ CHEM 106* Chemistry for Allied Health 3

_____ __ MATH 113* College Algebra 3

Religious Studies (6 hours)

_____ __ RS _____ 3

_____ __ RS _____ 3

Social Sciences and Psychology (12 hours)

_____ __ HIST _____ 3

_____ __ SOC 101 Intro to Sociology or 3

_____ __ ANTH 211 Cultural Anthropology 3

_____ __ PSY 103* Psychological Systems 3

_____ __ PSY 202 Lifespan Development 3

*Required pre-requisite prior to beginning the athletic trainer professional phase

*Students must apply to and be accepted by the Athletic Training graduate program prior to taking Athletic Training courses.

Student Name _____

ID Number _____

Entry Date _____

Phone Number _____

Email Address _____

Mailing Address _____

Required Support Courses (11 hours)

_____ __ BIO 253* Anatomy & Physiology I Lab 1

_____ __ BIO 254* Anatomy & Physiology II Lab 1

_____ __ MATH 231* Statistical Techniques 3

_____ __ PHYS 204* Physics for the Rehab Sci. 3

_____ __ BIO 104* Human Biology 3

Health Science Required Courses (18 hours)

_____ __ HS 300 Survey of Health Professions 3

_____ __ HS 301* Medical Terminology 3

_____ __ HS 320 Physical Health & Wellness 3

_____ __ HS 325 Psychosocial Health & Wellness 3

_____ __ HS 350 Research Methods in Health
Sciences 3

_____ __ HS 410 Leadership in Health Sciences 3

Recommended Support Course (1 hour)

_____ __ SW 651 (Motivational Interviewing) or SW
656 (Crisis Intervention) or SW 657 (Consultation/
Record Keeping) 3

HEALTH SCIENCE/ATHLETIC TRAINING
(35 hours) Courses must be 300 level or higher**

_____ __ MSAT 500 Foundations of Athletic
Training 4

_____ __ MSAT 510 Athletic Injury
Epidemiology and
Emergency Care 3

_____ __ MSAT 512 Advanced Regional
Anatomy 3

_____ __ MSAT 515 Sports Nutrition 2

_____ __ MSAT 520 Upper Extremity & Spinal
Injury Pathomechanics,
Assmt & Rehab w/lab 4

_____ __ MSAT 530 Therapeutic Modalities &
Evidence-Based Applctns 3

_____ __ MSAT 540 Lower Extremity & Spinal
Injury Pathomechanics,
Assesmt & Rehab w/lab 4

_____ __ MSAT 630 Adv. Functional Rehab and
Return-to-Activity Decision-Making 3

_____ __ MSAT 550 Clinical Education I 2

_____ __ HS 519 Neurosciences for the
Health Sciences 4

_____ __ MSAT 580 Ethical & Legal Issues in
Healthcare & Sports Sem 3