

Spalding University  
Catalog Years 2023-2024

**Bachelor of Science in Health Science  
Athletic Training Track**

120 Semester hours

**UNIVERSITY STUDIES PROGRAM**  
(55 hours)

**Introduction to College (1 hour)**

\_\_\_ SU 100 Successful Student Strategies 1

**Communication (12 hours)**

\_\_\_ ENG 109\* College Writing Workshop I 3

\_\_\_ ENG 110 College Writing Workshop II 3

\_\_\_ COM 201\* Effective Speaking 3

\_\_\_ \_\_\_\_\_  
(Communication or Foreign Language) 3

**Humanities (12 hours)**

\_\_\_ ENG \_\_\_\_\_  
(Literature) 3

\_\_\_ PHIL 154\* Ethics 3

\_\_\_ \_\_\_\_\_  
(Fine Art/Theater Arts) 3

Select from Creative Writing, Fine Arts, Linguistics, Literature, Philosophy

**Natural Science and Mathematics (12 hours)**

\_\_\_ BIO 251\* Anatomy & Physiology I 3

\_\_\_ BIO 252\* Anatomy & Physiology II 3

\_\_\_ CHEM 106\* Chemistry for Allied Health 3

\_\_\_ MATH 113\* College Algebra 3

**Religious Studies (6 hours)**

\_\_\_ RS \_\_\_\_\_ 3

\_\_\_ RS \_\_\_\_\_ 3

**Social Sciences and Psychology (12 hours)**

\_\_\_ HIST \_\_\_\_\_ 3

\_\_\_ SOC 101 Intro to Sociology or 3

\_\_\_ ANTH 211 Cultural Anthropology 3

\_\_\_ PSY 103\* Psychological Systems 3

\_\_\_ PSY 202 Lifespan Development 3

\*Required pre-requisite prior to beginning the athletic trainer professional phase

Student Name \_\_\_\_\_

ID Number \_\_\_\_\_

Entry Date \_\_\_\_\_

Phone Number \_\_\_\_\_

Email Address \_\_\_\_\_

Mailing Address \_\_\_\_\_

**Required Support Courses (11 hours)**

\_\_\_ BIO 253\* Anatomy & Physiology I Lab 1

\_\_\_ BIO 254\* Anatomy & Physiology II Lab 1

\_\_\_ MATH 231\* Statistical Techniques 3

\_\_\_ PHYS 204\* Physics for the Rehab Sci. 3

\_\_\_ BIO 104\* Human Biology 3

**Health Science Required Courses (18 hours)**

\_\_\_ HS 300 Survey of Health Professions 3

\_\_\_ HS 301\* Medical Terminology 3

\_\_\_ HS 320 Physical Health & Wellness 3

\_\_\_ HS 325 Psychosocial Health & Wellness 3

\_\_\_ HS 350 Research Methods in Health  
Sciences 3

\_\_\_ HS 410 Leadership in Health Sciences 3

**HEALTH SCIENCE/ATHLETIC TRAINING**  
(40 hours) must be 300 level courses or higher

\_\_\_ MSAT 500 Foundations of Athletic  
Training 3

\_\_\_ MSAT 510 Emergency Care of Athletic  
Injuries 3

\_\_\_ MSAT 512 Advanced Regional  
Anatomy and  
Neuroscience 6

\_\_\_ MSAT 550 Clinical Education I 2

\_\_\_ MSAT 520 Upper Extremity & Spinal  
Injury Pathomechanics,  
& Assmt w/lab 4

\_\_\_ MSAT 540 Lower Extremity & Spinal  
Injury Pathomechanics, &  
Assmnt w/Lab 4

\_\_\_ MSAT 610 General Medical Conditions  
With Pharmacology 3

\_\_\_ MSAT 600 Clinical Education II 3

\_\_\_ MSAT 530 Therapeutic Modalities &  
Evidence-Based Appltns 3

\_\_\_ MSAT 630 Adv Functional Rehab &  
Return-to-Activity Decision-  
Making 3

\_\_\_ MSAT 515 Nutrition, Strength, and  
Conditioning for Active  
Populations 3

\_\_\_ MSAT 620 Health Science Research  
Designs & Statistical  
Methods 3