

SPALDING UNIVERSITY

Catalog Year 2024-2025

Bachelor of Science in Health Science Athletic Training Track 120 Credit Hours

Student Name _____
Student ID Number _____

UNIVERSITY STUDIES PROGRAM (55 HOURS)

Introduction to College (1 hour)

SU100	Successful Student Strategies	1
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Communication (12 hours)

_____	_____	ENG109* College Writing Workshop I	3
_____	_____	ENG110 College Writing Workshop II	3
_____	_____	COM201* Effective Speaking	3
_____	_____		3

(Communication or Foreign Language)

Humanities (12 hours)

_____	_____	ENG _____	3
_____	_____	(Literature)	3
_____	_____		3
_____	_____	(Fine Art/Theater Arts)	3
_____	_____	PHIL154 Ethics	3
_____	_____		3

(Creative Writing, Fine Arts, Linguistics, Literature, Philosophy, Theater Arts)

Natural Sciences and Mathematics (12 hours)

_____	_____	BIO251* Anatomy & Physiology I	3
_____	_____	BIO252* Anatomy & Physiology II	3
_____	_____	CHEM106* Chemistry for Allied Health	3
_____	_____	MATH113* College Algebra	3

Religious Studies (6 hours)

_____	_____	RS _____	3
_____	_____	RS _____	3

Social Sciences & Psychology (12 hours)

_____	_____	HIST _____	3
_____	_____	SOC101 Intro to Sociology	3
_____	_____	<i>or</i> ANTH211 Cultural Anthropology	3
_____	_____	PSY103* Psychological Systems	3
_____	_____	PSY202 Lifespan Development	3

* Required pre-requisite prior to beginning the athletic trainer professional phase

Revised March 2020
Updated January 2024

Required Support Courses (11 hours)

_____	_____	BIO253* Anatomy & Physiology I Lab	1
_____	_____	BIO254* Anatomy & Physiology II Lab	1
_____	_____	MATH231* Statistical Techniques	3
_____	_____	PHYS204* Physics for the Rehab Sci	3
_____	_____	BIO104* Human Biology	3
_____	_____	HS301* Medical Terminology	3

Health Science Required Courses (15 hour)

_____	_____	HS300 Survey of Health Professions	3
_____	_____	HS320 Personal Health & Wellness	3
_____	_____	HS330 Social Determinants of Health	3
_____	_____	HS350 Consumer of Evid-Informed Research	3
_____	_____	HS410 Personal Leadership Development	3

Health Science/Athletic Training (40 hour)

must be 300 level courses or higher

_____	_____	MSAT500 Foundations of Athletic Training	3
_____	_____	MSAT510 Emergency Case of Athletic Injuries	3
_____	_____	MSAT512 Adv. Regional Anatomy & Neuroscience	6
_____	_____	MSAT550 Clinical Education I	2
_____	_____	MSAT520 Upper Extremity & Spinal Injury Pathomechanics Assmt & Rehab w/lab	4
_____	_____	MSAT540 Lower Extremity & Spinal Injury Pathomechanics Assmt & Rehab w/lab	4
_____	_____	MSAT610 General Medical Conditions with Pharmacology	3
_____	_____	MSAT600 Clinical Education II	3
_____	_____	MSAT530 Therapeutic Modalities & Evidence-Based Applications	3
_____	_____	MSAT630 Adv. Functional Rehab & Return-to-Activity Decision Making	3
_____	_____	MSAT515 Nutrition, Strength, and Conditioning for Active Populations	3
_____	_____	MSAT620 Health Science Research Designs and Statistical Methods	3