

Spalding University
Catalog Years 2024-2025

Master of Arts
in
Clinical Mental Health Counseling

60 Credit
Hours

Student Name _____
ID Number _____
Entry Date _____
Phone Number _____
Email Address _____
Mailing Address _____

Major Core Courses (60 hours)

_____ COU 501 Clinical Mental Health Counseling	3
_____ COU 570 Career and Lifestyle Development	3
_____ COU 530 Human Growth and Development	3
_____ COU 510 Counseling Skills and Techniques	3
_____ COU 520 Counseling Theories	3
_____ COU 540 Group Theory and Process	3
_____ COU 550 Mental Health Assessments & Eval. in Counseling	3
_____ COU 560 Professional Orientation and Ethics	3
_____ COU 601 Practicum*	3
_____ COU 580 Clinical Diagnosis and Treatment	3
_____ COU 610 Multicultural Counseling	3
_____ COU 602 Internship I*	3
_____ COU 620 Counseling Children and Adolescents	3
_____ COU 640 Family Therapy	3
_____ COU 630 Addictions Counseling	3
_____ COU 603 Internship II*	3
_____ COU 660 Crisis Counseling	3
_____ COU 670 Advocacy	3
_____ COU 685 Advanced Counseling Skills and Techniques	3
_____ COU 650 Fundamentals of Research	3

60 Hours Total

* COU 601 Practicum requires a total of 100 hours of clinical experience.
40 direct/60 indirect.

* COU 602 Internship I requires a total of 300 hours of clinical
experience. 120 direct/180 indirect.

* COU 603 Internship II requires a total of 300 hours of clinical
experience. 120 direct/180 indirect.