

# SPALDING UNIVERSITY

## Catalog Year 2024-2025

### Bachelor of Science in Health Science Health & Wellness

**120 Credit Hours**

#### UNIVERSITY STUDIES PROGRAM (52 HOURS)

##### **Introduction to College (1 hour)**

_____	_____	SUI100 Successful Student Strategies	1
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##### **Communication (12 hours)**

_____	_____	ENG109 College Writing Workshop I	3
_____	_____	ENG110 College Writing Workshop II	3
_____	_____	COM201 Effective Speaking	3
_____	_____	COM302 Health Communication	3

##### **Humanities (12 hours)**

_____	_____	ENG _____ <small style="text-align: center;">(Literature)</small>	3
_____	_____	ART105 Design Thinking <small style="text-align: center;">(Fine Art/Theater Arts)</small>	3
_____	_____	PHIL154 Ethics	3
_____	_____	_____	3

(Prefer: Creative Wri, F Arts, Linguistics, Literature, Phil)

##### **Natural Sciences and Mathematics (9 hours)**

_____	_____	BIO104 _____	3
_____	_____	BIO/MATH _____	3
_____	_____	MATH106 _____	3
_____	_____	or > _____	

##### **Religious Studies (6 hours)**

_____	_____	RS _____	3
_____	_____	RS _____	3

##### **Social Sciences (12 hours)**

_____	_____	HIST _____	3
_____	_____	PSY103 Psychological Systems	3
_____	_____	_____	3
_____	_____	_____	3

Choose 2 courses from the following: African American Studies, Anthropology, Economics, Geography, History, Political Science, Psychology, Social Science, & Sociology)

**Student Name:** \_\_\_\_\_

**Student ID Number:** \_\_\_\_\_

**Entry Date:** \_\_\_\_\_

**Phone Number:** \_\_\_\_\_

**Email Address:** \_\_\_\_\_

##### **Required Support Courses (6 hours)**

_____	_____	BA220 Computer Applications	3
_____	_____	BA320 Computerized Data Analysis	3

##### **Health Science Required Courses (40 hour)**

_____	_____	HS300 Survey of Health Professions	3
_____	_____	HS302 Technology and Health	3
_____	_____	HS320 Personal Health & Wellness	3
_____	_____	HS321 Cultivating Humility in Health	3
_____	_____	HS330 Social Determinants of Health	3
_____	_____	HS350 Becoming a Consumer of Evidence Informed Research	3
_____	_____	HS405 Integrative Health: An Introduction	3
_____	_____	HS410 Personal Leadership Development	3
_____	_____	HS420 Interprofessional Collaboration	3
_____	_____	HS440 Health Promotion & Human Behavior	3
_____	_____	_____	3
_____	_____	HS450 Health Coaching	3
_____	_____	HS455 Health Innovation: An Introduction	3
_____	_____	HS490 Health Science Capstone	4

##### **General Elective (22 hours)**

_____	_____	_____	3
_____	_____	_____	3
_____	_____	_____	3
_____	_____	_____	3
_____	_____	_____	3
_____	_____	_____	3
_____	_____	_____	3
_____	_____	_____	1