

SPALDING UNIVERSITY

Catalog Year 2025-2026

Bachelor of Science in Health Science 124 Credit Hours UNIVERSITY STUDIES PROGRAM (55 HOURS)

Student Name _____

Student ID Number _____

Introduction to College (1 hour)

_____	_____	SU100	Successful Student Strategies	1
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Communication (12 hours)

_____	_____	ENG109	College Writing Workshop I	3
_____	_____	ENG110	College Writing Workshop II	3
_____	_____	COM201	Effective Speaking	3
_____	_____			3

(Communication or Foreign Language)

Humanities (12 hours)

_____	_____	ENG _____		3
			(Literature)	
_____	_____			3
			(Fine Art/Theater Arts)	
_____	_____	PHIL154*	Ethics	3
_____	_____			3

(Creative Writing, Fine Arts, Linguistics, Literature, Philosophy, Theater Arts)

Natural Sciences and Mathematics (12 hours)

_____	_____	BIO251*	Anatomy & Physiology I	3
_____	_____	BIO252*	Anatomy & Physiology II	3
_____	_____	CHEM106*	Chemistry for Allied Health	3
_____	_____	MATH113	College Algebra	3

Religious Studies (6 hours)

_____	_____	RS _____		3
_____	_____	RS _____		3

Social Sciences & Psychology (12 hours)

_____	_____	HIST _____		3
_____	_____	SOC101	Intro to Sociology	3
		or	ANTH211 Cultural Anthropology	
_____	_____	PSY103*	Psychological Systems	3
_____	_____	PSY202	Lifespan Development	3

* Required pre-requisite prior to beginning the athletic trainer professional phase

Revised March 2020

Updated January 2024

Required Support Courses (14 hours)

_____	_____	BIO253	Anatomy & Physiology I Lab	1
_____	_____	BIO254	Anatomy & Physiology II Lab	1
_____	_____	MATH231*	Statistical Techniques	3
_____	_____	PHYS204*	Physics for the Rehab Sci	3
_____	_____	BIO104*	Human Biology	3
_____	_____	HS301	Medical Terminology	3

Health Science Required Courses (15 hours)

_____	_____	HS300	Survey of Health Professions	3
_____	_____	HS320	Personal Health & Wellness	3
_____	_____	HS330	Social Determinants of Health	3
_____	_____	HS350	Consumer of Evid-Informed Research	3
_____	_____	HS410	Personal Leadership Development	3

Health Science/Athletic Training (40 hours)

must be 300 level courses or higher

_____	_____	MSAT500	Foundations of Athletic Training	3
_____	_____	MSAT510	Emergency Case of Athletic Injuries	3
_____	_____	MSAT512	Adv. Regional Anatomy & Neuro-science	6
_____	_____	MSAT550	Clinical Education I	2
_____	_____	MSAT520	Upper Extremity & Spinal Injury	4
			Pathomechanics Assmt & Rehab w/lab	
_____	_____	MSAT540	Lower Extremity & Spinal Injury	4
			Pathomechanics Assmt & Rehab w/lab	
_____	_____	MSAT610	General Medical Conditions	3
			with Pharmacology	
_____	_____	MSAT600	Clinical Education II	3
_____	_____	MSAT530	Therapeutic Modalities &	3
			Evidence- Based Applications	
_____	_____	MSAT630	Adv. Functional Rehab &	4
			Return-to-Activity Decision Making	
_____	_____	MSAT515	Nutrition, Strength, and Conditioning	2
			for Active Populations	
_____	_____	MSAT620	Health Science Research Designs	3
			and Statistical Methods	