

Spalding University
Catalog Years 2025-2026

Master of Arts in Clinical Mental Health Counseling - 60 Credit Hour Program

Student Name: _____ Student ID Number: _____
Phone Number: _____ Email Address: _____
Mailing Address: _____ State: _____ Zip Code: _____

Core Courses: (45 Credit Hours)

Credit Hours

COU-501 - Clinical Mental Health Counseling*	3
COU-510 - Counseling Skills and Techniques *	3
COU-520 - Counseling Theories*	3
COU-530 - Human Growth and Development	3
COU-540 - Group Theory and Process*	3
COU-550 - Mental Health Assessments and Evaluation in Counseling	3
COU-560 - Professional Orientation and Ethics*	3
COU-570 - Career and Lifestyle Development	3
COU-580 - Clinical Diagnosis and Treatment	3
COU-610 - Multicultural Counseling*	3
COU-620 - Counseling Children and Adolescents	3
COU-630 - Addictions Counseling	3
COU-650 - Fundamentals of Research	3
COU-660 - Crisis and Trauma Informed Counseling	3
COU-685 - Advanced Counseling Skills and Techniques	3

Field Experience Courses: (9 Credit Hours)

COU-601 - Practicum**	3
COU-602 - Internship I**	3
COU-603 - Internship II**	3

Elective Courses: (6 Credit Hours)

COU-631 - School Counseling	3
COU-632 - Program Development	3
COU-633 - Human Sexuality	3
COU-640 - Family Counseling	3
COU-670 - Advocacy	3
COU-690 - Seminar in Professional Counseling	1
COU-604 - Internship III***	2

Final program of study should be submitted one semester prior to graduation Semester.

Student Signature: _____ **Date:** _____

Advisor Signature: _____ **Date:** _____

*Indicates prerequisites that must be taken prior to Practicum.

** COU 601 Practicum requires a total of 100 hours of clinical experience. 40 direct/60 indirect.

** COU 602 Internship I requires a total of 300 hours of clinical experience. 120 direct/180 indirect.

** COU 603 Internship II requires a total of 300 hours of clinical experience. 120 direct/180 indirect.

***Permission from the Clinical & Professional Experiences Coordinator is required.