

SPALDING UNIVERSITY

Catalog Year 2025-2026

Bachelor of Science in Health Science Health & Wellness

120 Credit Hours

UNIVERSITY STUDIES PROGRAM (52 HOURS)

Introduction to College (1 hour)

_____	_____	SU100	Successful Student Strategies	1
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Communication (12 hours)

_____	_____	ENG109	College Writing Workshop I	3
_____	_____	ENG110	College Writing Workshop II	3
_____	_____	COM201	Effective Speaking	3
_____	_____	COM302	Health Communication	3

Humanities (12 hours)

_____	_____	ENG_____	_____	3
			(Literature)	
_____	_____	ART105	Design Thinking	3
			(Fine Art/Theater Arts)	
_____	_____	PHIL154	Ethics	3
_____	_____			3
			(Prefer: Creative Wri, F Arts, Linguistics, Literature, Phil)	

Natural Sciences and Mathematics (9 hours)

_____	_____	BIO104	_____	3
_____	_____	BIO/MATH	_____	3
_____	_____	MATH106	_____	3
_____	_____	or >	_____	

Religious Studies (6 hours)

_____	_____	RS_____	_____	3
_____	_____	RS_____	_____	3

Social Sciences (12 hours)

_____	_____	HIST_____	_____	3
_____	_____	PSY103	Psychological Systems	3
_____	_____			3
_____	_____			3

Choose 2 courses from the following: African American Studies, Anthropology, Economics, Geography, History, Political Science, Psychology, Social Science, & Sociology)

Student Name: _____

Student ID Number: _____

Entry Date: _____

Phone Number: _____

Email Address: _____

Required Support Courses (6 hours)

_____	_____	BA220	Computer Applications	3
_____	_____	BA320	Computerized Data Analysis	3

Health Science Required Courses (40 hour)

_____	_____	HS300	Survey of Health Professions	3
_____	_____	HS302	Technology and Health	3
_____	_____	HS320	Personal Health & Wellness	3
_____	_____	HS321	Cultivating Humility in Health	3
_____	_____	HS330	Social Determinants of Health	3
_____	_____	HS350	Becoming a Consumer of Evidence Informed Research	3
_____	_____	HS405	Integrative Health: An Introduction	3
_____	_____	HS410	Personal Leadership Development	3
_____	_____	HS420	Interprofessional Collaboration	3
_____	_____	HS440	Health Promotion & Human Behavior	3
_____	_____	HS450	Health Coaching	3
_____	_____	HS455	Health Innovation: An Introduction	3
_____	_____	HS490	Health Science Capstone	4

General Elective (22 hours)

_____	_____	_____	_____	3
_____	_____	_____	_____	3
_____	_____	_____	_____	3
_____	_____	_____	_____	3
_____	_____	_____	_____	3
_____	_____	_____	_____	3
_____	_____	_____	_____	3
_____	_____	_____	_____	1