

Spalding University
Catalog Years 2026-2027
Master of Arts in Clinical Mental Health Counseling & Master of Business Administration Program
CMHC - 60 Credit Hour & MBA Dual Program

Student Name: _____ Student ID Number: _____
Phone Number: _____ Email Address: _____

CMHC Core Courses: (45 Credit Hours)	Credit Hours
COU-501 - Clinical Mental Health Counseling*	3
COU-510 - Counseling Skills and Techniques *	3
COU-520 - Counseling Theories*	3
COU-530 - Human Growth and Development	3
COU-540 - Group Theory and Process*	3
COU-550 - Mental Health Assessments and Evaluation in Counseling	3
COU-560 - Professional Orientation and Ethics*	3
COU-570 - Career and Lifestyle Development	3
COU-580 - Clinical Diagnosis and Treatment	3
COU-610 - Multicultural Counseling*	3
COU-620 - Counseling Children and Adolescents	3
COU-630 - Addictions Counseling	3
COU-650 - Fundamentals of Research	3
COU-660 - Crisis and Trauma Informed Counseling	3
COU-685 - Advanced Counseling Skills and Techniques	3
CMHC Field Experience Courses: (9 Credit Hours)	
COU-601 - Practicum**	3
COU-602 - Internship I**	3
COU-603 - Internship II**	3
CMHC Elective Courses: (6 Credit Hours)	
COU-631 - School Counseling	3
COU-632 - Program Development	3
COU-633 - Human Sexuality	3
COU-640 - Family Counseling	3
COU-670 - Advocacy	3
COU-690 - Seminar in Professional Counseling	1
COU-604 - Internship III***	2

* Indicates prerequisites that must be taken prior to Practicum.

** COU 601 Practicum requires a total of 100 hours of clinical experience. 40 direct/60 indirect.

** COU 602 Internship I requires a total of 300 hours of clinical experience. 120 direct/180 indirect.

** COU 603 Internship II requires a total of 300 hours of clinical experience. 120 direct/180 indirect.

***Permission from the Clinical & Professional Experiences Coordinator is required.

MBA Core Courses: (33 Hours)^	Credit Hours
MBUS 614 Data Visualization & Storytelling	3
MBUS 618 Integrated Marketing	3
MBUS 628 Purpose Driven Leadership in the Global Economy	3
MBUS 638 Interpersonal Communication in the Workplace	3
MBUS 655 Organizational Development and Change	3
MBUS 663 Communicating Essential Financial Information	3
MBUS 664 Strategic Planning and Implementation	3
MBUS 700 Applied Capstone in the Workplace	3
Electives^	9

^ 3 Core CMHC courses (9 credit hours) will be used as Required Elective courses towards the MBA program.

Student Signature: _____ **Date:** _____
Advisor Signature: _____ **Date:** _____