

	Spalding University Catalog Year: AY2025-2026 Master of Science in Health Science 33 Credit Hours	
	Name:	Address:
	ID Number:	
	Email:	Contact #:

Required Courses				
Term	Grade	Course		Credit
		HS606	Integrative Health – An Introduction	3
		HS631	Mind-Body Health and Wellness	3
		HS651	Complimentary Therapies in Integrative Health	3
		HS660	Health & Wellness Coaching	3
		HS670	Healthcare Innovation Fundamentals	3
		HS692	Research and Evidence-Based Practice in Integrative Health	3
		HS710	Wellness and Chronic Disease	3
		HS720	Role of Nutrition and Exercise in Health & Wellness	3
		HS730	Integrative Approaches to Chronic Illness	3
		HS740	Integrative Health Assessment	3
		HS799	Capstone Project in Integrative Health	3
<i>Total</i>				33
Optional Elective				
		HS798	Practicum in Health and Wellness Coaching	3